



## POST TREATMENT CARE

# ROOT CANAL TREATMENT

*Now that you have finished your treatment, oral health is your own responsibility, so it's very important for you to follow the next recommendations to ensure success.*

**EATING:** It's very important to **avoid any kind of pressure** after your treatment has been completed. Follow a soft diet during the first 3 days after surgery, and avoid the use of straws and toothpicks.

**MEDICATION:** Take the antibiotics and pain relieving pills as **prescribed** by your dentist. **Even if there is no swelling or infection, you must follow the prescription rules in order to have a successful healing process.**

Take pain killers only when needed, but if pain **persists and seems to get worse** after the first couple of days, or you have a reaction to medication, please contact Sani Dental Group as **soon as possible** so one of our dentists can help you.

You can rinse your mouth with warm water mixed with salt, several times a day during the first 48 hours after treatment.



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**HYGIENE:** Keep the area clean, brush and floss gently for the next 48 hours.

**SMOKING:** Tobacco slows the healing process and increases the risk of having an infection. **Avoid smoking for the first week after the surgery.**

**Discomfort is normal** after having a Root Canal Therapy but call us if you feel an uneven bite, pain or sensitivity that increases or continues after one full week, or if you have any reaction to medication.

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**IN THE U.S. CALL** (928) 257 1307

**TOLL FREE** (855) 726 4337